



# CLARKSVILLE RUNNING CLUB

EST. 2005

# MONTHLY NEWSLETTER

 **August 2025** 

## ABOUT CRC

The Clarksville Running Club (CRC) is a nonprofit organization dedicated to promoting an active lifestyle for individuals of all ages and paces. Our mission is to create an inclusive and welcoming community where runners and walkers can connect, train, and support each other. Whether you're a seasoned competitor or just starting out, CRC provides opportunities to run, race, volunteer, and engage with the local community.

You can choose to be a member for no fee or a paying member.

As a no-fee member, you can attend the CRC weekly run, monthly meeting, certain events we host, and have access to our [Facebook](#) page.

Paying members get the same as no-fee members but also get the ability to vote at the monthly meetings, invites to paying-member events, a 10% discount at Clarksville Fleet Feet, 15% at Libertas Cryo, 50% off New Patient Exams at Vital Chiropractic, 25% off at Arc Strength and Conditioning, 25% off at Performance Physical Therapy, and 20% off Omius...Hopefully more perks to come as we are always working on finding new community partners!

You can sign up at: [Clarksville Running Club: Registration](#)

## MEET THE OFFICERS

### **Aly Collins-Fantauzzo – President**

I am originally from Michigan and moved to Clarksville in 2023. I currently work at Land Between the Lakes. Growing up I played soccer, but after high school graduation started participating in 5Ks and other events. I truly enjoy being a part of the running community, everyone is kind and motivating! When I am not working or running/walking, I enjoy hanging out with my husband, dogs, gardening, bowling, indoor rock climbing, arts and crafts, and trying new things!

### **Logan Watson - Vice President**

Born in California, raised in Michigan, where I found my passion for running in 6th grade, which eventually led me to compete in cross country and track for five years at a college in San Diego. Since graduating, I've been looking for ways to engage with the local running communities wherever we move, and building a welcoming running community for athletes of all levels. I work full time for a nonprofit, and when I'm not running, you can find me reading, writing, traveling, lifting weights, or spending time with my husband, three cats, and dog. Looking forward to connecting with fellow runners and sharing miles together!

### **AJ Haynes – Secretary**

I am a Clarksville native and began running in high school to condition for wrestling. I continued running since, and enjoy the meditative aspect of it. I am an Account Executive, National Trainer & Presenter for a group fitness development company called MOSSA. I am also a local personal trainer and fitness instructor. Running aside, I enjoy spending time with his family, grilling, and cheering on the VOLS!

### **Shane Sykes – Secretary**

I'm from Houston County. I went to UT for veterinary school and opened my own practice 2 years ago in Clarksville. I started running to get in shape to elk hunt in the mountains out west. Recently I've been training for longer distances because I'm so slow. I have done a 50 miler and 100k. I do all of my running by myself because I'm so slow. I've been married for 16 years and have a 6yr old who runs cross country in elementary school.



### **Committee Chairpersons:**

Membership Director-AJ Haynes

Equipment Manager-Joe Watson

Social Media Manager-Miriam Mengdon

Volunteer Coordinator-VACANT



**CLARKSVILLE**  
RUNNING CLUB  
EST. 2005

# MONTHLY NEWSLETTER

 **August 2025** 

### JULY MONTHLY MEETING

Sunday August 24, 2025 3:00pm  
Clarksville-Montgomery Public Library  
350 Pageant Ln Suite 501  
Clarksville, TN 37040

\*Will be in Glass Study Room in library along back wall.  
Meeting will last about 1 hour. Room capacity is 25 so please  
RSVP at <https://www.clarksvillerunningclub.com/events-1/crc-august-monthly-meeting>

### JULY CRC EVENTS

Remember to keep an eye open for Pop-up Runs on  
our [Website Events](#) Page and [Facebook Events](#) Page!

### WEEKLY CRC RUN

Every Sunday 8:00am

Heritage Park  
1241 Peachers Mill Rd  
Clarksville, TN 37042

\*\*We meet at the playground\*\*

These weekly runs are FREE and open  
to all runners, joggers, walkers, and  
anyone wanting to get out and about,  
so come and join us for some Sunday  
Fun Day activity 😊

### OTHER LOCAL RUNS & GROUPS

#### **Donut Run from Fleet Feet**

Mondays 6:00am

#### **Trail Run from Fleet Feet**

Tuesdays 6:00pm

#### **Star Spangled Brewing Company from Fleet Feet**

Thursdays 6:00pm

Check out their website [Welcome to Fleet Feet Clarksville](#) or the [Heylo](#) app for more information and to register! (Highly suggest downloading the app, this is how the update and share the most current info!)

\*These runs are local and FREE to join\*

#### **Wear Blue Community Run**

First Saturday of the Month 9:00am

Check out their Facebook for details!:

[wear blue: run to remember - Fort Campbell, KY | Facebook](#)

#### **PushFit Co**

Sundays 4:45pm at Thirsty Goat

Check out their Facebook for details!:

[Push Sango](#)

### UPCOMING CRC VOLUNTEER OPPORTUNITIES

8/9/2025 – Timing Bubba Johnson Run – For more information and to sign up please visit [SignUpGenius](#) !

TBD – Q3 Quarterly Trash Pick-up (Will be the morning of whatever day our September meeting falls on)



# CLARKSVILLE RUNNING CLUB

EST. 2005

# MONTHLY NEWSLETTER

 **August 2025** 

## LOCAL FITNESS EVENTS HAPPENING THIS YEAR

Event	Type	Date	Location	Link
Bubba J 5K	Run	8/9/2025	Clarksville, TN	<a href="#">Bubba J 5K</a>
Riverbluff	Tri	8/10/2025	Ashland City, TN	<a href="#">Riverbluff</a>
Dash at the Castle 5K	Run	8/16/2025	Nashville, TN	<a href="#">Dash at the Castle 5K</a>
Be the Light 5K	Run	8/23/2025	Goodlettsville, TN	<a href="#">Be the Light 5K</a>
Run in Our Boots 5K	Run	9/6/2025	Clarksville, TN	<a href="#">Run in Our Boots 5K</a>
Centerstone Life;Story 5K/10K	Run/Walk/Ruck	9/13/2025	Clarksville, TN	<a href="#">Centerstone Life;Story 5K/10K</a>
LBL Bridge to Bridge	Run	10/18/2025	Hardin, KY	<a href="#">LBL Bridge to Bridge</a>
Hoptown	Run	10/18/2025	Hopkinsville, KY	<a href="#">Hoptown</a>
Clarksville Half Marathon	Run	11/1/2025	Clarksville, TN	<a href="#">Clarksville Half</a>
Bell Ringer Trail Run	Run	12/14/2025	Brunns, TN	<a href="#">Bell Ringer</a>

For more upcoming races in the area, you can click on the following link:

[Upcoming Races within 50 miles of Clarksville, TN](#)

### OTHER CRC NEWS!

Membership Report (as of 7/31/2025): 119 (Up 8 from last 6/30/2025!)

We have an official website! [HOME | Clarksville Running Club](#)

Merchandise is officially available through Molly Bees, [Click Here!](#)

\*Due-paying members get 15% off CRC Merch

New Product Discount for due-paying members! Check it out: [Omius Inc.](#)

\*Due-paying members get 20% off their purchase from Omius

We have a new official logo:



**CLARKSVILLE**  
RUNNING CLUB  
EST. 2005

If you would like to become a due-paying member to receive discounts with our community partners and product partnerships, you can sign up at: [Clarksville Running Club: Registration](#)

Individual memberships are \$25 for 1 year

Family memberships are \$35 for 1 year (up to 6 people in one household)

### OTHER LOCAL NEWS!

Fleet Feet has a Half Marathon Training coming up STARTING August 11. You can find out more at [Half Marathon Training Program](#)

Do you like running, reading and meeting new people!? GOOD NEWS: There is a running theme book club that meets monthly! The book for this month is "The Terrible and Wonderful Reasons Why I Run Long Distances" by Matthew Inman. They will be meeting August 18. Visit [Running Book Club - August Meeting | Facebook](#) for more information!

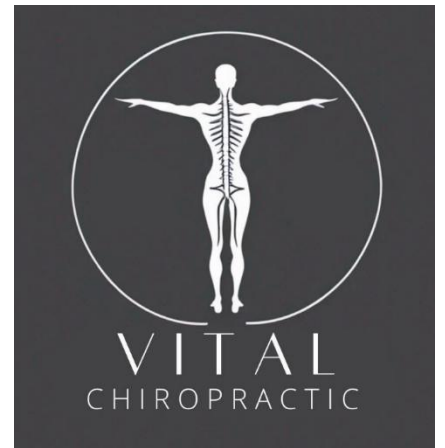
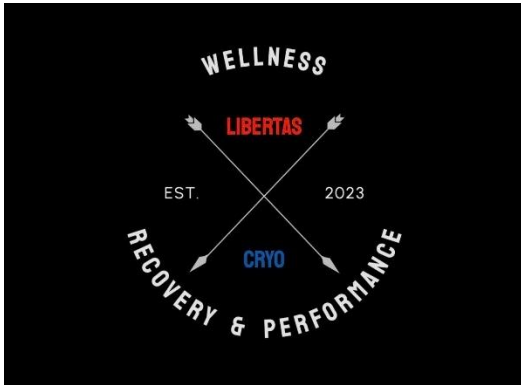


**CLARKSVILLE**  
RUNNING CLUB  
EST. 2005

# MONTHLY NEWSLETTER

 **August 2025** 

## Community Partners!



**VIGILANCE**  
PERFORMANCE PHYSICAL THERAPY

## Product Discounts!

