



ABOUT CRC

The Clarksville Running Club (CRC) is a nonprofit organization dedicated to promoting an active lifestyle for individuals of all ages and paces. Our mission is to create an inclusive and welcoming community where runners and walkers can connect, train, and support each other. Whether you're a seasoned competitor or just starting out, CRC provides opportunities to run, race, volunteer, and engage with the local community.

You can choose to be a member for no fee or a paying member.

As a no-fee member, you can attend the CRC weekly run, monthly meeting, certain events we host, and have access to our <u>Facebook</u> page.

Paying members get the same as no-fee members but also get the ability to vote at the monthly meetings, invites to paying-member events, a 10% discount at Clarksville Fleet Feet and this year if you sign up or renew membership sometime between January 1-December 31, 2025 you will receive a t-shirt (1 t-shirt PER membership. If you do a family membership, the primary member will receive the t-shirts and t-shirts for additional members can be purchased at a discounted price)!...Hopefully more perks to come soon!

You can sign up at: Clarksville Running Club: Registration

MEET THE OFFICERS

Aly Collins-Fantauzzo - President

I am originally from Michigan and moved to Clarksville in 2023. I currently work at Land Between the Lakes. Growing up I played soccer, but after high school graduation started participating in 5Ks and other events. I truly enjoy being a part of the running community, everyone is kind and motivating! When I am not working or running/walking, I enjoy hanging out with my husband, dogs, gardening, bowling, indoor rock climbing, arts and crafts, and trying new things!

Logan Watson - Vice President

Born in California, raised in Michigan, where I found my passion for running in 6th grade, which eventually led me to compete in cross country and track for five years at a college in San Diego.

Since graduating, I've been looking for ways to engage with the local running communities wherever we move, and building a welcoming running community for athletes of all levels. I work full time for a nonprofit, and when I'm not running, you can find me reading, writing, traveling, lifting weights, or spending time with my husband, three cats, and dog. Looking forward to connecting with fellow runners and sharing miles together!

AJ Haynes - Secretary

I am a Clarksville native and began running in high school to condition for wrestling. I continued running since, and enjoy the meditative aspect of it. I am an Account Executive, National Trainer & Presenter for a group fitness development company called MOSSA. I am also a local personal trainer and fitness instructor. Running aside, I enjoy spending time with his family, grilling, and cheering on the VOLS!

Shane Sykes – Secretary

I'm from Houston County. I went to UT for veterinary school and opened my own practice 2 years ago in Clarksville. I started running to get in shape to elk hunt in the mountains out west. Recently I've been training for longer distances because I'm so slow. I have done a 50 miler and 100k. I do all of my running by myself because I'm so slow. I've been married for 16 years and have a 6yr old who runs cross country in elementary school.

Committee Chairpersons:





Equipment Manager-Joe Watson Social Media Manager-Miriam Mengdon Volunteer Coordinator-VACANT





NO APRIL MONTHLY MEETING

*We will be combining the April and May Monthly Meetings.

The next meeting will be:

Sunday May 4, 2025 3:00pm

1991 Pickens Rd

Clarksville, TN 37040

*Follow the gravel driveway until you reach the red barn (sign in front of building says Blick Building)

APRIL CRC EVENTS

April 7, 2025 – Pop Up Pub Run 6:00pm meet at Weakley Park then go to Thirsty Goat April 13 OR April 22 – Pop Up Pub Run DETAILS TO BE ANNOUNCED SOON

WEEKLY CRC RUN

Every Sunday 8:00am

Heritage Park 1241 Peachers Mill Rd Clarksville, TN 37042

We meet at the playground

These weekly runs are FREE and open to all runners, joggers, walkers, and anyone wanting to get out and about, so come and join us for some Sunday Fun Day activity

OTHER LOCAL RUNS & GROUPS

Donut Run from Fleet Feet Every Tuesday 6:00am

Star Spangled Brewing Company from Fleet Feet

Every Thursday 6:00pm

Check out their website <u>Welcome</u> to <u>Fleet Feet Clarksville</u> or the <u>Heylo</u> app for more information and to register!

These runs are FREE to join

Wear Blue Community Run

First Saturday of the Month 9:00am (April 5th)

Check out their Facebook for details!:

wear blue: run to remember - Fort Campbell, KY | Facebook

We would like to give a special THANKS to those who came out to help us time the Yesu Go Green run on March 29 and participated in our Quarterly Trash Pickup March 30!







UPCOMING CRC VOLUNTEER OPPORTUNITIES

4/12/2025 – Fit Fest – For more information and to sign up please visit SignUpGenius!





LOCAL FITNESS EVENTS HAPPENING THIS MONTH



Hero Hustle

April 6, 2025 8:00am Start 5K, 10K, Kids Dash, 1 Mile

140 Scoth Street Hendersonville, TN 37075

*Virtual option available



Moosic City Dairy Dash

April 12, 2025
7:30am Start for 5K, 10K & Half
Marathon
7:00am Start for Kids Mighty
Mile

2204 Rosa L Parks Blvd Nashville, TN 37228



Run the Cedars

April 19, 2025 8:00am Start for 15K 8:05am Start for 5K 8:15am Start for 1 Mile Walk

Cedars of Lebanon State Park 328 Cedar Forest Rd Lebanon, TN 37090



Rock 'n' Roll Nashville

April 26, 2025
6:30am Start for 5K & 10K at 8th
and Demonbreun
7:20am Start for Marathon &
Half Marathon at 8th and
Broadway
12:30pm Start for 1 Mile at
Nissan Stadium

Nashville, TN

LOCAL FITNESS EVENTS HAPPENING THIS YEAR

Event	Type	Date	Location	Link
Hero Hustle	Run	4/6/2025	Hendersonville, TN	<u>Hero Hustle</u>
Moosic City Dairy Dash	Run	4/12/2025	Nashville, TN	Moosic City Dairy Dash
Fit Fest	Event	4/12/2025	Clarksville, TN	<u>Fit Fest</u>
Run the Cedars	Run	4/19/2025	Lebanon, TN	Run the Cedars
Autism Ability Run	Run	4/19/2025	Nashville, TN	Autism Ability Run
Rock 'n' Roll Nashville	Run	4/26/2025	Nashville, TN	Rock 'n' Roll Nashville
Dash to Benefit	Run	4/26/2025	Clarksville, TN	Dash to Benefit
Clarksville Greenway	Run	5/3/2025	Clarksville, TN	Clarksville Greenway
Dickson Endurance	Tri	5/17/2025	Burns, TN	Dickson Endurance
Hometown Half	Run	5/25/2025	Nashville, TN	Hometown Half
Riverbluff	Tri	8/10/2025	Ashland City, TN	Riverbluff
LBL Bridge to Bridge	Run	10/18/2025	Hardin, KY	LBL Bridge to Bridge
Hoptown	Run	10/18/2025	Hopkinsville, KY	<u>Hoptown</u>
Clarksville Half Marathon	Run	11/1/2025	Clarksville, TN	<u>Clarksville Half</u>
Bell Ringer Trail Run	Run	12/14/2025	Bruns, TN	Bell Ringer

For more upcoming races in the area, you can click on the following link:

Upcoming Races within 50 miles of Clarksville, TN





OTHER CRC NEWS!

Membership Report (as of 3/31/2025): 72 (Up 3 from last 2/28/2025!)

We are currently working on getting the website up and running! Goal is to have it on-air within the next few months. Until then, we have a temporary website: <u>Clarksville Running Club</u>

SPONSORS

