

MONTHLY NEWSLETTER ** March 2025 **

ABOUT CRC

The Clarksville Running Club is a nonprofit organization promoting running throughout our community. This group is for runners and walkers, who live in and around Clarksville, Tennessee. All levels welcomed, from newbies to experienced runners!

You can choose to be a member for no fee or a paying member.

As a no-fee member, you can attend the CRC weekly run, monthly meeting, certain events we host, and have access to our <u>Facebook</u> page.

Paying members get the same as no-fee members but also get the ability to vote at the monthly meetings, invites to paying-member events, a 10% discount at Clarksville Fleet Feet and this year if you sign up or renew membership sometime between January 1-December 31, 2025 you will receive a t-shirt! (Hopefully more perks to come!)

You can sign up at: <u>Clarksville Running Club</u>: <u>Registration</u>

MEET THE OFFICERS

Aly Collins-Fantauzzo – President

I am originally from Michigan and moved to Clarksville in 2023. I currently work at Land Between the Lakes. Growing up I played soccer, but after high school graduation started participating in 5Ks and other events. I truly enjoy being a part of the running community, everyone is kind and motivating! When I am not working or running/walking, I enjoy hanging out with my husband, dogs, gardening, bowling, indoor rock climbing, arts and crafts, and trying new things!

Logan Watson - Vice President

Born in California, raised in Michigan, where I found my passion for running in 6th grade, which eventually led me to compete in cross country and track for five years at a college in San Diego. Since graduating, I've been looking for ways to engage with the local running communities wherever we move, and building a welcoming running community for athletes of all levels. I work full time for a nonprofit, and when I'm not running, you can find me reading, writing, traveling, lifting weights, or spending time with my husband, three cats, and dog. Looking forward to connecting with fellow runners and sharing miles together!

AJ Haynes - Secretary

I am a Clarksville native and began running in high school to condition for wrestling. I continued running since, and enjoy the meditative aspect of it. I am an Account Executive, National Trainer & Presenter for a group fitness development company called MOSSA. I am also a local personal trainer and fitness instructor. Running aside, I enjoy spending time with his family, grilling, and cheering on the VOLS!

Shane Sykes – Secretary

I'm from Houston County. I went to UT for veterinary school and opened my own practice 2 years ago in Clarksville. I started running to get in shape to elk hunt in the mountains out west. Recently I've been training for longer distances because I'm so slow. I have done a 50 miler and 100k. I do all of my running by myself because I'm so slow. I've been married for 16 years and have a 6yr old who runs cross country in elementary school.









MONTHLY NEWSLETTER



MARCH MONTHLY MEETING

Sunday March 23, 2025 2:00pm

1991 Pickens Rd Clarksville, TN 37040

*Follow the gravel driveway until you reach the red barn (sign in front of building says Blick Building)

MARCH CRC EVENTS

CRC Recognition Banquet

Friday March 21, 2025 at 6:30pm 1991 Pickens Rd Clarksville, TN 37040

More information coming soon!

WEEKLY CRC RUN

Every Sunday 8:00am

Heritage Park 1241 Peachers Mill Rd Clarksville, TN 37042

We meet at the playground

These weekly runs are FREE and open to all runners, joggers, walkers, and anyone wanting to get out and about, so come and join us for some Sunday Fun Day activity

OTHER LOCAL RUNS & GROUPS

Donut Run from Fleet Feet

Every Tuesday 6:00am

Star Spangled Brewing Company from Fleet Feet

Every Thursday 6:00pm

Check out their website for

details!: Welcome to Fleet Feet

Clarksville

Wear Blue Community Run

First Saturday of the Month 9:00am (March 1st)

Check out their Facebook for details!:

wear blue: run to remember - Fort Campbell, KY | Facebook

CRC TIMED EVENT

Project Yesu Go Green Run March 29, 2025 <u>Go Green Run - 12th Annual Project Yesu Go Green Run</u>
*Same day registration available until 30-minutes before



7:00am Start for 10K/5K Combo & 10K 8:30am Start for 5K & 1-mile

8:30am Start for 5K & 1-mile

CRC TIMES THIS EVENT! Please e-mail if interested in helping time this event:

APSU Memorial Health Building/Red Barn at corner of

APSU Memorial Health Building/Red Barn at corner of Drane Street and Marion Street

crccontactus@gmail.com

start time

UPCOMING CRC VOLUNTEER OPPORTUNITIES

3/29/2025 – Project Yesu Go Green Run – For more information and to sign up to volunteer, please check out the event on our Facebook page

3/30/2025 – Quarterly Trash Pick-up – For more information and to sign up, please check out the event on our Facebook page



MONTHLY NEWSLETTER

***** March 2025 *****

LOCAL FITNESS EVENTS HAPPENING THIS MONTH



30th Annual Tom King Classic Half Marathon and 5K Run/Walk

March 1, 2025 8:00am Start for Half Marathon 8:15am Start for 5K Run/Walk

> Cornelia Fort Airpark in Nashville

*Same day registration available until 7:45am



Nashville St. Paddy's Half Marathon, 10K & 5K

March 8, 2025 8:30am Start for Half Marathon, 10K & 5K

2320 Two Rivers Pkwy Nashville, TN 37214

*Virtual option available
*Registration ends 3/7 at 11:59pm



Music City Run

March 15, 2025 7:45am Start for Half Marathon, 10K & 5K

1601 Davidson St. Nashville, TN 37206

*Virtual option available
*Not sure when registration ends



Joshua 1:9 Run for Recovery

March 15, 2025 8:30am Start for 5K

2500 Highway 149 Erin, TN 37061

*Registration ends 3/10 at 11:59pm

LOCAL FITNESS EVENTS HAPPENING THIS YEAR

Event	Туре	Date	Location	Link
Tom King Classic	Run	3/1/2025	Nashville, TN	Tom King Classic
Nashville St. Paddy's	Run	3/8/2025	Nashville, TN	Nashville St. Paddy's
Publix St. Patrick's Music City	Run	3/15/2025	Nashville, TN	Publix St. Patrick's Music City
Joshua 1:9 Run for Recovery	Run	3/15/2025	Erin, TN	Joshua 1:9 Run for Recovery
Project Yesu Go Green	Run	3/29/2025	Clarksville, TN	Project Yesu Go Green
Moosic City Dairy Dash	Run	4/12/2025	Nashville, TN	Moosic City Dairy Dash
Fit Fest	Event	4/12/2025	Clarksville, TN	<u>Fit Fest</u>
Run the Cedars	Run	4/19/2025	Lebanon, TN	Run the Cedars
Rock 'n' Roll Nashville	Run	4/26/2025	Nashville, TN	Rock 'n' Roll Nashville
Clarksville Greenway	Run	5/3/2025	Clarksville, TN	Clarksville Greenway
Dickson Endurance	Tri	5/17/2025	Burns, TN	<u>Dickson Endurance</u>
Hometown Half	Run	5/25/2025	Nashville, TN	<u>Hometown Half</u>
Riverbluff	Tri	8/10/2025	Ashland City, TN	Riverbluff
LBL Bridge to Bridge	Run	10/18/2025	Hardin, KY	LBL Bridge to Bridge
Hoptown	Run	10/18/2025	Hopkinsville, KY	<u>Hoptown</u>



MONTHLY NEWSLETTER **March 2025 **

OTHER CRC NEWS!

Membership Report (as of 2/28/2025): 69

We are currently working on getting the website up and running! Goal is to have it on-air by April 2025.

SPONSORS

