



CLARKSVILLE RUNNING CLUB

EST. 2005

MONTHLY NEWSLETTER



September 2025



ABOUT CRC

The Clarksville Running Club (CRC) is a nonprofit organization dedicated to promoting an active lifestyle for individuals of all ages and paces. Our mission is to create an inclusive and welcoming community where runners and walkers can connect, train, and support each other. Whether you're a seasoned competitor or just starting out, CRC provides opportunities to run, race, volunteer, and engage with the local community.

You can choose to be a member for no fee or a paying member.

As a no-fee member, you can attend the CRC weekly run, monthly meeting, certain events we host, and have access to our [Facebook](#) page.

Paying members get the same as no-fee members but also get the ability to vote at the monthly meetings, invites to paying-member events, a 10% discount at Clarksville Fleet Feet, 15% at Libertas Cryo, 50% off New Patient Exams at Vital Chiropractic, 25% off at Arc Strength and Conditioning, 25% off at Performance Physical Therapy, 20% off Omius, 10% off Total Balance Massage & Wellness, and 10% off Stretch Zone...Hopefully more perks to come as we are always working on finding new community partners!

You can sign up at: [Clarksville Running Club: Registration](#)

MEET THE OFFICERS

Aly Collins-Fantauzzo – President

I am originally from Michigan and moved to Clarksville in 2023. I currently work at Land Between the Lakes. Growing up I played soccer, but after high school graduation started participating in 5Ks and other events. I truly enjoy being a part of the running community, everyone is kind and motivating! When I am not working or running/walking, I enjoy hanging out with my husband, dogs, gardening, bowling, indoor rock climbing, arts and crafts, and trying new things!

Logan Watson - Vice President

Born in California, raised in Michigan, where I found my passion for running in 6th grade, which eventually led me to compete in cross country and track for five years at a college in San Diego. Since graduating, I've been looking for ways to engage with the local running communities wherever we move, and building a welcoming running community for athletes of all levels. I work full time for a nonprofit, and when I'm not running, you can find me reading, writing, traveling, lifting weights, or spending time with my husband, three cats, and dog. Looking forward to connecting with fellow runners and sharing miles together!

AJ Haynes – Secretary

I am a Clarksville native and began running in high school to condition for wrestling. I continued running since, and enjoy the meditative aspect of it. I am an Account Executive, National Trainer & Presenter for a group fitness development company called MOSSA. I am also a local personal trainer and fitness instructor. Running aside, I enjoy spending time with his family, grilling, and cheering on the VOLS!

Shane Sykes – Secretary

I'm from Houston County. I went to UT for veterinary school and opened my own practice 2 years ago in Clarksville. I started running to get in shape to elk hunt in the mountains out west. Recently I've been training for longer distances because I'm so slow. I have done a 50 miler and 100k. I do all of my running by myself because I'm so slow. I've been married for 16 years and have a 6yr old who runs cross country in elementary school.



Committee Chairpersons:

Membership Director-AJ Haynes

Equipment Manager-Joe Watson

Social Media Manager-Miriam Mengdon

Volunteer Coordinator-VACANT



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SEPTEMBER MONTHLY MEETING

Sunday September 21, 2025 5:30pm

Fleet Feet

2141 Wilma Rudolph I

Clarksville, TN 37040

*This will be our first official meeting that will start with a free short seminar!

Meeting will start with a short seminar (about 15 minutes) from one of our Community Partners, Fleet Feet! To learn more and RSVP please visit:

<https://www.clarksvillerunningclub.com/events-1/crc-september-monthly-meeting>

SEPTEMBER CRC EVENTS

Remember to keep an eye open for Pop-up Runs on our [Website Events](#) Page and [Facebook Events](#) Page!

WEEKLY CRC RUN

Every Sunday 8:00am

Heritage Park

1241 Peachers Mill Rd

Clarksville, TN 37042

We meet at the playground

These weekly runs are FREE and open to all runners, joggers, walkers, and anyone wanting to get out and about, so come and join us for some Sunday

Fun Day activity 😊

OTHER LOCAL RUNS & GROUPS

Donut Run from Fleet Feet

Mondays 6:00am

Star Spangled Brewing Company from Fleet Feet

Thursdays 6:00pm

Check out their website [Welcome to Fleet Feet Clarksville](#) or the [Heylo](#) app for more information and to register! (Highly suggest downloading the app, this is how the update and share the most current info!)

These runs are local and FREE to join

Wear Blue Community Run

First Saturday of the Month 9:00am

Check out their Facebook for details!:

[wear blue: run to remember - Fort Campbell, KY | Facebook](#)

PushFit Co

Sundays 4:45pm at Thirsty Goat

Check out their Facebook for details!:

[Push Sango](#)

UPCOMING CRC VOLUNTEER OPPORTUNITIES

9/21/2025 – Q3 Quarterly Trash Pick-up (This takes place instead of the group run, so there will be no group run 9/21/2025) – For more information and to sign up, please visit [SignUpGenius](#)

10/11/2025 – Timing Domino's Run for Govs 5K – For more information and to sign up, please visit [SignUpGenius](#)



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LOCAL FITNESS EVENTS HAPPENING THIS YEAR

| Event | Type | Date | Location | Link |
|-------------------------------|---------------|------------|------------------|---|
| Run in Our Boots 5K | Run | 9/6/2025 | Clarksville, TN | Run in Our Boots 5K |
| Centerstone Life;Story 5K/10K | Run/Walk/Ruck | 9/13/2025 | Clarksville, TN | Centerstone Life;Story 5K/10K |
| Domino's Run for Govs 5K | Run | 10/11/2025 | Clarksville, TN | Domino's Run for Govs |
| LBL Bridge to Bridge | Run | 10/18/2025 | Hardin, KY | LBL Bridge to Bridge |
| Hoptown | Run | 10/18/2025 | Hopkinsville, KY | Hoptown |
| Clarksville Half Marathon | Run | 11/1/2025 | Clarksville, TN | Clarksville Half |
| Bell Ringer Trail Run | Run | 12/14/2025 | Brunns, TN | Bell Ringer |
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For more upcoming races in the area, you can click on the following link:

[Upcoming Races within 50 miles of Clarksville, TN](#)

OTHER CRC NEWS!

Membership Report (as of 8/31/2025): 127 (Up 8 from last 7/31/2025!)

We have an official website! [HOME | Clarksville Running Club](#)

Merchandise is officially available through Molly Bees, [Click Here!](#)

*Due-paying members get 15% off CRC Merch

We have 2 new Community Partners!: [Total Balance Massage and Wellness](#) and [Stretch Zone](#)

We have a new official logo:



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If you would like to become a due-paying member to receive discounts with our community partners and product partnerships, you can sign up at: [Clarksville Running Club: Registration](#)

Individual memberships are \$25 for 1 year

Family memberships are \$35 for 1 year (up to 6 people in one household)

OTHER LOCAL NEWS!

Do you like running, reading and meeting new people!? GOOD NEWS: There is a running theme book club that meets monthly! The book for this month is "The Terrible and Wonderful Reasons Why I Run Long Distances" by Matthew Inman. They will be meeting Monday September 29 6:00pm. Visit [Clarksville, TN She Runs This Town \(SRTT\) | Facebook](#) for more information!



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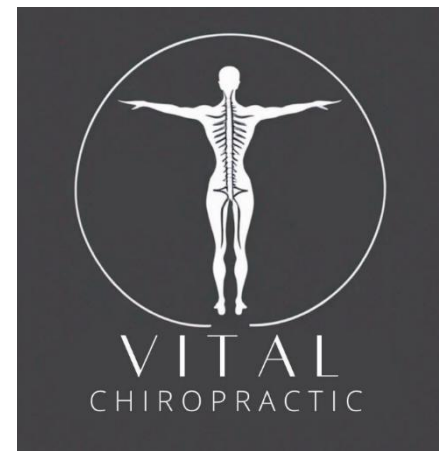
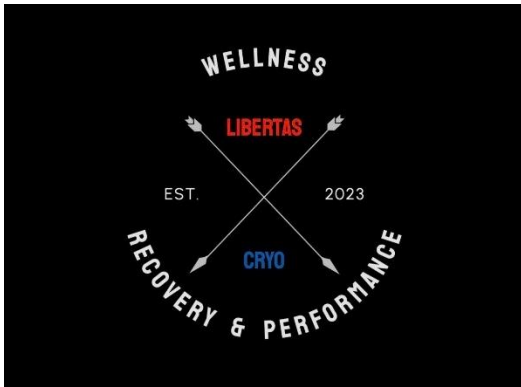
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Community Partners!

FLEET FEET

CLARKSVILLE



VIGILANCE

PERFORMANCE PHYSICAL THERAPY



Product Discounts!

OMIUS